



GyMEA United Football Club 2011 Member Guide

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2011 GUFC grading schedule

Age group	Grading date(s)	Time	Location
U5 and U6 *	Saturday 12 February (one day only – see * below)	9.00am	GyMEA Bay Oval
U7 *	Saturday 19 February (one day only – see * below)	9.00am	GyMEA Bay Oval
U8	Sunday 13 and 20 February	3.00-4.15pm	GyMEA Bay Oval
U9	Sunday 13 and 20 February	4.15-5.30pm	GyMEA Bay Oval
U10	Sunday 13 and 20 February	9.00-10.00am	GyMEA Bay Oval
U11	Sunday 13 and 20 February	10.00-11.00am	GyMEA Bay Oval
U12	Sunday 13 and 20 February	11.15am-12.15pm	GyMEA Bay Oval
U13	Sunday 13 and 20 February	1.00-2.00pm	GyMEA Bay Oval
U14	Sunday 13 and 20 February	2.00-3.00pm	GyMEA Bay Oval
U15	Saturday 12 and 19 February	3.45-4.45pm	GyMEA Bay Oval
U16	Saturday 12 and 19 February	5.45-6.45pm	GyMEA Bay Oval
U18	Sunday 13 and 20 February	5.30-6.30pm	GyMEA Bay Oval
Jw12	Saturday 12 and 19 February	10.00-11.00am	GyMEA Bay Oval
Jw13	Saturday 12 and 19 February	11.00am-12.00pm	GyMEA Bay Oval
Jw14	Saturday 12 and 19 February	12.00-1.00pm	GyMEA Bay Oval
Jw15	Saturday 12 and 19 February	1.45-2.45pm	GyMEA Bay Oval
Jw16	Saturday 12 and 19 February	2.45-3.45pm	GyMEA Bay Oval
Jw18	Sunday 13 and 20 February	5.30-6.30pm	GyMEA Bay Oval

* U6 and u7 grading

U6 and u7 grading is the organisation of teams only. **Players won't be required to play games and don't need to wear football gear.** The session simply involves players/parents forming teams with friends or new friends and appointing a coach and manager. Team members will also exchange contact details with their team. U6 and u7 will have the chance to play football at the Small-Sided Football Gala Day on March 19, 2011.

Timing of grading - GUFC has a very limited 'window' to conduct grading, between the end of our rego days and when team sheets are due to the Sutherland Shire Football Association. While not suitable to all, the grading times chosen are the best that can be arranged given this restriction.

Unable to attend – if you are unable to attend either grading session, email Gary Wall GUFC Head Coach headcoach@gufc.com.au

Goalkeepers – players wanting to be goalkeepers should notify the grading panel prior to their session.

Wet weather for grading – in the event of wet weather, check www.gufc.com.au for updates.



2011 GUFC calendar

Go to www.gufc.com.au for updates and more details.

DATE	EVENT
MARCH	
7	GUFC coach and manager meeting, GyMEA Bay Oval hall – u6-u11 5.30pm; u12+ 7.30pm
14	GUFC Junior Academy starts
19	GUFC Small-Sided Football Gala Day, GyMEA Bay Oval (all u6-u11 teams)
19	Grassroots Football Certificates course (free for coaches), 3-7pm, GyMEA Bay Oval
26-27	Round 1
APRIL	
2-3	Round 2
4	Goalkeeper coaching with Ron Tilsed (free), 7.30-9pm, GyMEA Bay Oval
9-10	Round 3
11	Coaching event with Kory Babington 7.30-9pm, GyMEA Bay Oval
18	Coaching event with Charlie Davidson 7.30-9pm, GyMEA Bay Oval
16-17	Round 4. School holidays - all games played*
23-24	Easter – no play
30-1 May	Round 5
MAY	
2	Goalkeeper coaching with Ron Tilsed (free), 7.30-9pm, GyMEA Bay Oval
7-8	Round 6
9	Coaching event with Kory Babington 7.30-9pm, GyMEA Bay Oval
14-15	Round 7
14	GUFC team photos, GyMEA Bay Oval Hall, 10.30am onwards
16	Coaching event with Charlie Davidson 7.30-9pm, GyMEA Bay Oval
21-22	Round 8
23	Coaching event 7.30-9pm, GyMEA Bay Oval
28-29	Round 9
30	Goalkeeper coaching with Ron Tilsed (free), 7.30-9pm, GyMEA Bay Oval
JUNE	
4-5	Round 10
6	Coaching event with Kory Babington 7.30-9pm, GyMEA Bay Oval
11-12	Round 11. Long weekend - all games played
18-19	Round 12
20	Goalkeeper coaching with Ron Tilsed (free), 7.30-9pm, GyMEA Bay Oval
25-26	Round 13
27	Coaching event with Charlie Davidson 7.30-9pm, GyMEA Bay Oval
JULY	
2-3	Round 14
4	Coaching event with Charlie Davidson 7.30-9pm, GyMEA Bay Oval
9-10	Round 15. School holidays - all games played*
11	Goalkeeper coaching with Ron Tilsed (free), 7.30-9pm, GyMEA Bay Oval
16-17	Round 16
18	Coaching event with Kory Babington 7.30-9pm, GyMEA Bay Oval
23-24	Round 17
25	Goalkeeper coaching with Ron Tilsed (free), 7.30-9pm, GyMEA Bay Oval
30-31	Round 18
AUG	
6-7	Semi finals
13-14	Finals
20-21	Grand finals
27-28	Spare weekend (to allow for washed out games)

* The Association is yet to decide if Small-Sided Football (u6-u11) will be played on this weekend.
 GUFC management committee meetings are held on the third Monday of each month, 7.30pm at GyMEA Bay Oval Hall.
 All details correct at the time of printing (January 2011).



About GUFC

GUFC ensures people, young and old, can experience and benefit from the great game of football.

Part of the Sutherland Shire Football Association (SSFA), we're one of Australia's largest football clubs and pride ourselves on being family-oriented, friendly and committed to ensuring football is enjoyable.

GUFC is a club for all ages and levels of experience. Whether you're a beginner or a talented player, we have teams for everyone.

History

GUFC celebrates its 52nd season in 2010. Established in 1960, the club started out as Gymea Sports Club, which included Soccer, Rugby League, Cricket, Netball and Athletics. The first meeting for the Soccer Club was held on the 12th February 1960 and seven teams were entered into the Sutherland Association competition.

Today, GUFC is one of the strongest in the Sutherland Shire. We field 1,400+ players each season across 120+ teams.

Vision and values

"Gymea United Football Club is committed to ensuring football is enjoyed by as many individuals as possible. We are strongly community focussed and strive, through our actions and culture, to enrich the lives of our extended family."

GUFC strives to be:

- A great place to enjoy football
- Family-oriented
- Friendly
- Safe, supportive and harassment-free.

Constitution

GUFC is an incorporated association, governed by a constitution which guides our activities and decision making. Our constitution is available to download from www.gufc.com.au.



Financials

GUFC is a not-for-profit organisation. Copies of all our audited accounts are available to download at www.gufc.com.au.

As a general guide, here's how GUFC allocated the money it received from registration, sponsorship, canteen and bar sales last year:

- 65% - Association, player insurance and referee fees
- 15% - Football expenses (e.g. equipment, trophies)
- 7% - Playing fields and property expenses (e.g. electricity)
- 5% - Administration (e.g. banking, telephones)
- 4% - Communications
- 2% - Coaching
- 2% - Other

Your registration fees

There is no doubt registration fees for sport can be a big expense for individuals and families. The GUFC committee carefully considers the cost of registration each year, striving to keep it as low as possible for members.

Club awards and presentations

There are a number of awards and presentations available throughout the season:

GUFC weekly awards: subject to sponsorship arrangements, certificate awards are provided to junior teams each week. These can be collected by team managers from GyMEA Bay Oval ground control office each week.

GUFC end of season presentation and awards: junior and senior presentations are held at the end of the season, with a range of awards given for player and coaching achievement. All u6-u21 players will receive a trophy. A number of other awards are given to finalists, minor premiers and premiers. Other end of season awards include:

- Encouragement Award
- Best Junior Club Team
- Best Senior Club Team
- Goalkeeper awards (various)
- Most improved teams (various)
- Lou McCrohon trophy (for PL1 player of the year)
- Junior Player of the Year (u12-u18)
- Junior Coaches Award (u12-u18 coaches)
- Senior Player of the Year
- Coach of the Year
- Manager of the Year

GUFC service awards: recognise continuous years of service to the club. Service awards are given first at 10 years of service and every 5 years thereafter.

Giant of the Year: recognises outstanding efforts by a club volunteer and is voted on by the committee.

President's award: recognises outstanding efforts by a club volunteer and is selected by the President.



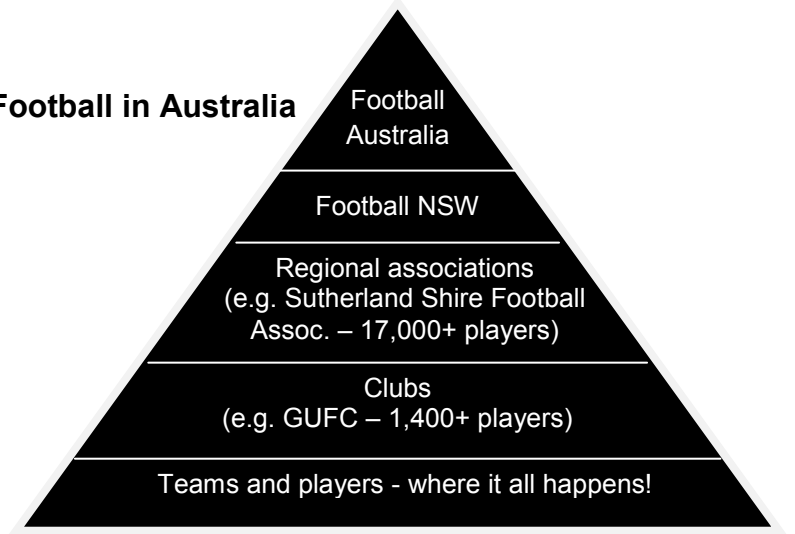
Football in Australia and the Shire

Football is Australia's most popular organised sport.

GUFC is one of thousands of football clubs giving young people, men and women the chance to play.

And *you* are one of the hundreds of thousands of people getting out there each weekend and enjoying the game!

Football in Australia



Sutherland Shire Football Association (SSFA)

GUFC is part of the Sutherland Shire Football Association (SSFA). Twenty-seven clubs make up the SSFA:

Sutherland Sharks, Bangor, Bonnet Bay, Bundeena, Barden Ridge, Como West-Jannali, Cronulla RSL, Cronulla Seagulls, Engadine Crusaders, Engadine Eagles, Georges River, Grays Point, Gwawley Bay, Gymea United, Heathcote, Kirrawee, Lilli Pilli, Loftus Yarrowarra, Marton, Menai Hawks, Miranda Magpies, Caringbah Redbacks, North Sutherland, Bosco, St. Patricks, Sylvania Heights and Sutherland Titans.

Competitions

The SSFA offer a range of competitions/divisions for players:

- Small-Sided Football (non-competition) - u6, u7, u8 and u9 age groups (boys and girls combined)
- Small-Sided Football (competition) - u10 and u11 age groups (boys and girls combined)
- u12 (boys and girls combined)
- u13, u14, u15, u16, u18 and u21 age groups for boys/men
- Junior women (JW), including jw12, jw13, jw14, jw15, jw16, jw18 and jw21
- Senior women (SW), including all-age divisions and over 30s
- Senior men, including all-age divisions, over 35s and over 45s

For all age-based competitions, the age you turn during that calendar year determines the age group you play in that season.



Communication at G UFC

How to keep informed

Here's how you can stay up-to-date with what's happening at G UFC:

- This member guide – keep it for reference throughout the season
- G UFC website www.gufc.com.au – kept up to date daily during the season
- The Gymea Striker - G UFC e-newsletter emailed weekly during the season
- Talk to your team manager or coach, who will also have their own team communication system.

Team managers and coaches also receive specific emails and updates from G UFC (see page 16).

THE GYMEA STRIKER is the G UFC weekly e-newsletter.

If your email address is correct on your registration form, you'll receive it automatically.
Otherwise subscribe at www.gufc.com.au or email info@gufc.com.au to be placed on the list.

Complaints and issues

Throughout the season, you may have issues to discuss with G UFC.

Team-based issues (e.g. fair playing time for players)

- Talk to your team manager or coach in the first instance

Club-based issues (e.g. ground allocation, gear or match sheets)

- Contact the relevant committee person (see committee list on page 8). For example:
 - Coaching and grading: Gary Wall
 - Registration: Cathy Economos
 - Ground control roster: Dale King
 - Discipline and suspensions: Cherie Donoghue
 - Competition draw and grounds: Dale King
 - Small-Sided Football referees: Nick Del Din
 - Uniforms and gear: Deanne Landers

Sensitive issues

- Contact Cherie Donoghue, G UFC Secretary secretary@gufc.com.au

Have your say!

Your feedback is important to G UFC. Here are some ways you can provide it:

- Attend a general G UFC committee meeting
- Send in a match report from your team each week (visit www.gufc.com.au for details)
- Take part in our member survey conducted at the end of each season
- Talk to a G UFC committee member anytime.



GUFC committee

Like most sports clubs, GUFC is managed by a committee of volunteers. The committee is made up of mums, dads, players and others interested in their community and football. The committee is elected each year at a meeting held on the third Monday in July. Anyone involved in the club is encouraged to be part of the committee. Keep an eye on www.gufc.com.au mid-year for details. The GUFC committee attends monthly meetings to discuss club business, development and issues:

When: Third Monday of every month, 7.30pm

Where: GyMEA Bay Oval hall

2011 committee

David Johnson	President	0418 880 102	davidjireh@optusnet.com.au
Mark Hildebrandt	Vice president	0405 662 067	mark_hildebrandt@mckogarah.catholic.edu.au
Cherie Donoghue	Honorary secretary		secretary@gufc.com.au
<i>Vacant</i>	Assistant secretary		
Dale King	Competition secretary	0431 291 320	Dale.king@optusnet.com.au
Michael Blumor	Honorary treasurer	0412 152 368	mblumor@swestpac.com.au
Jane Dean	Assistant treasurer		jcdean@optusnet.com.au
Cathy Economos	Registrar		cathyda@live.com
Gary Wall	Head Coach		headcoach@gufc.com.au
<i>vacant</i>	Assistant Registrar		
Jim Keane	Ground controller	0425 334 574	jimkeane@ozemail.com.au
<i>vacant</i>	Assistant ground controller		
Deanne Landers	Gear officer	0422 141 070	uniforms@gufc.com.au
Sue Brann	Assistant gear officer		
Wendy Smithers	Canteen supervisor	0402 301 241	smithersw@optusnet.com.au
Di Mayo	Assistant canteen supervisor	0413 609 529	admayo1@optusnet.com.au
Steve Brann	Sponsorship officer	0409 328 122	brannysemail@yahoo.com.au
<i>vacant</i>	Social secretary		
Lisa Brown	Minute secretary	0418 261 669	lisab@aitopper.com.au
Shannon Dixon	Communications officer	0425 202 446	info@gufc.com.au
Jenny Adair			
Scott Carson			
Mitch Clark			
Nick Del Din	SSF referees	0432 876 655	nicholas.deldin@student.uts.edu.au
Bill Harrigan			
Rebecca King			
Ian Lamp			
Michael Leitch	Child protection	0438 325 248	michael.leitch@baesystems.com
Michael Lewis			
John Lupton			
Craig Madeley			
Evan Morrison			
Anthony Severino			
Doug Sparks			
Paul Worthy			



Getting ready for football

Uniforms and merchandise

GUFC requires all players purchase a club uniform and wear it on game days. The GUFC uniform is the same for men and women and consists of:

- Official GUFC playing strip shirt \$30
- Official GUFC playing strip shorts \$20
- Official GUFC playing strip socks \$10

Players are also required to wear shin pads and moulded stud boots of your choice.

A range of other GUFC merchandise is also available including caps, fleeces, jackets and polo shirts.

How to buy uniforms and merchandise

There are a few ways to purchase gear:

- ✓ Registration days and selected pre-season days (watch www.gufc.com.au for details)
- ✓ During the season at Gymea Bay Oval ground control office on any Saturday or Sunday
- ✓ Contact GUFC gear officers
Email: uniforms@gufc.com.au
Deanne Landers phone: 0422 141 070

Shirt numbers

All players u13 and over are required to have a number on their shirt.

GUFC supplies and fits all numbers to player shirts. Team managers and coaches will be notified of designated times for this at the pre-season Coaches and Managers Meeting on 7 March.

Grading (also see schedule on page 2)

Before competition starts, all players from u6 to u18 will be graded. Grading is the organisation of players into teams – and then teams into the competitions offered by the Sutherland Shire Football Association (SSFA).

Grading at GUFC is overseen by a grading panel, a small group of very experienced GUFC coaches, led by GUFC Head Coach Gary Wall.

u6 and u7 grading

There is no grading of u6 and u7 age groups. On the designated 'muster days', players are encouraged to play with their friends and are mustered into teams.



u8 – u18 grading

For age groups up to and including u18s, grading takes place on specific days. The panel considers both the performance of junior players on grading days and information from the previous season (collected by watching games and asking for coach feedback) to make their end decision of which teams players are selected in.

Player identification cards

All players age u10 and over in the Sutherland Shire Football Association are required to have a player identification card. These are shown to the opposition team prior to each match.

For new players, id cards are arranged at registration. Each year, the Association also requires certain age groups to have new photos for their cards. This is also done at registration. The majority of players however will use cards from the previous season.

Team managers are responsible for the management and safe keeping of player id cards throughout the season.

Questions and issues

If you have any issues with player id cards during the season contact:

Cathy Economos, GUFC registrar

Email: cathyda@live.com

Note: Replacement of a lost card will cost \$5.

Training

All GUFC teams generally train weekly. Training is organised between your team coach, manager and players.

Training time/day must also be scheduled with the GUFC committee, to ensure enough training space for teams on any given night. Team managers can contact Michael Leitch from the GUFC committee to arrange training email: michael.leitch@baesystems.com

Training venues

Training is either held at GyMEA Bay Oval or a satellite field (to be confirmed). Due to the large size of the club and limited facilities at GyMEA Oval, many GUFC teams will train at other fields.

Training for u6 and u7

All GUFC u6 and u7 teams train at the same time. This coordinated training approach allows GUFC to provide the highest standard of training available to our youngest players. It creates a fun learning environment for the kids, whilst targeting skills that need to be developed at this age. More details will be provided at muster days.

Team coaches/managers can also nominate their training preference at the Coach and Managers meeting (7 March).



Playing football

Competition rules

The Sutherland Shire Football Association (SSFA) competition rules are available from www.shirefootball.com.au

Weekly draws and results

The SSFA publishes the competition draws, results and tables on www.shirefootball.com.au. They are also available directly from the GUFC website www.gufc.com.au.

The draw for Round 1 will be available in mid March. Draws are not issued for the whole season. Sometimes, you may find preliminary draws on the SSFA website several weeks in advance. However, it is **always advisable** to check again the week prior to your match, as draws often change.

Wet weather

Wet weather occasionally forces training and games to be cancelled.

Training

During the week, Sutherland Shire Council determines if fields are playable. If the grounds are closed, under no circumstances is training to go ahead, as Council can impose fines.

- ✓ Check www.gufc.com.au for updates
- ✓ Check with your team manager and/or coach
- ✓ You can call the Sutherland Shire Council Wet Weather Line 9710 0105 to find out if fields are open/closed – NOTE: Council may leave grounds open, but GUFC may close our grounds (due to the state of our field). So it is always best to check www.gufc.com.au

Game days

The SSFA determines if games are played. The Council Wet Weather Line doesn't apply on the weekends. In the event of wet weather:

- ✓ You're team manager will be advised ASAP – so wait to be advised by your team manager. Please don't call the GUFC ground control office.
- ✓ Check www.gufc.com.au for updates.

For early games, the decision may not come before you need to leave for the game. Unfortunately, this is unavoidable, due to the grounds not being inspected by the SSFA until 7am.

Also note that just because some games are called off, others may go ahead. Eg. morning games could be off, while afternoon games are on or games can be transferred to other fields.



Injuries

If you are injured at training or a game, regardless of whether your injury is likely to require an insurance claim or not, it must be reported via a *SSFA accident report*. Injury reporting is the same throughout the SSFA. If you are injured here's what to do:

At training:

- Coach/manager must advise Cherie Donoghue, GUFC secretary, of the incident
- Cherie will complete and lodge the *SSFA accident report*

On game day:

- Coach/manager must go to ground control at the venue (GyMEA Bay Oval or any other ground) and complete an *SSFA accident report*
- The ground control will forward the report to the SSFA

If the injury was serious, and is likely to require an insurance claim, please advise Cherie Donoghue following the game.

Discipline and suspensions

The SSFA enforces a range of disciplinary action and penalties under its competition rules, available from www.shirefootball.com.au.

In addition, GUFC has an internal complaints and disciplinary process (see page 19).

Referees

Referees are a very important part of our game. Both the SSFA and GUFC expect players, parents, coaches and supporters to treat referees with the upmost respect.

There are several types of referees for SSFA matches:

- **Small-Sided Football (SSF) referees** for u6-u9 games. These refs are managed by GUFC.
- **“Black and White” referees** for u10 and over. These refs are managed by the Sutherland Shire Football Referees Association www.ssfra.org.au
- **Club appointed referees** who officiate games where a black and white referee is not appointed. These refs are organised by GUFC.

Interested in refereeing?

If you're interested in refereeing games for GUFC contact:

Nick Del Din 0432 876 655 (SSF refs)

Dale King 0431 291 320 (refs for games u12 and over)



Grounds

GUFC's home ground is Gymea Bay Oval. Due to the size of the club, the Sutherland Shire Football Association (SSFA) also allocates GUFC a second home ground for games and training.

Home ground: Gymea Bay Oval

2011 Other home grounds: *to be confirmed*

2011 Satellite training grounds: *to be confirmed*

Ground locations

The SSFA competition is played at a number of venues around the Sutherland Shire. Maps and directions to each are available on www.shirefootball.com.au or www.gufc.com.au

Anzac Oval , Anzac Ave, Engadine	Kingswood Road , Kingswood Rd, Engadine
Austin Street , Austin St, Illawong	Lakewood City , Coolidge Cres, Bonnet Bay
Billa Road , Billa Rd, Bangor	Lilli Pilli , Port Hacking Rd South, Lilli Pilli
Box Road , Box Rd, Sylvania Heights	Loftus , Princes Hwy, Loftus
Buckle Reserve , Barnes Cres (off Hall Dr) Menai	North Caringbah , Dianella St, Caringbah
Bundeena , Bundeena Dr, Bundeena (opposite Fire Station)	Oyster Bay , Oyster Bay Rd, Oyster Bay
Canberra Road , Canberra Rd, Sylvania	Preston Park , Engadine Ave, Engadine
Glen McGrath Oval , Willarong Rd, Caringbah	Seymour Shaw , The Boulevard, Miranda
Casuarina , Casuarina Rd, Alfords Point	Solander , Captain Cook Dr, Woolooware
Coachwood , Coachwood Cr, Alfords Point	Sutherland , The Grand Pde, Sutherland
Dobell Road , Dobell Rd, Engadine	The Ridge , Recreation Dr, Barden Ridge
Forest Road , Forest Rd, Kirrawee	Waratah Park , Rawson Rd, Sutherland
Grays Point , Angle Rd, Grays Point	Woolooware Oval , Kingsway and Woolooware Rd, Woolooware
Gymea Bay , corner Avenel & Gymea Bay Rd, Gymea	Woolooware High School , Woolooware Road North
Heathcote , Wilson Pde, Heathcote	Woronora Heights , Willaroo Ave, Woronora Heights
Jannali Oval , Sutherland Rd, Jannali	Harrie Denning Soccer Centre , Bates Dr, Kareela
Kareela , Princes Hwy, Kirrawee	Woronora , Prince Edward Park

Gymea Bay Oval management

The Shire is an avid sporting community and like all sports fields in our area, Gymea Bay Oval is in high demand. Gymea Bay Oval is primarily used by GUFC, but also by local schools, fitness groups, Gymea Cricket club and for a range of general community use.

Sutherland Shire Council owns and manages Gymea Bay Oval and facilities.

GUFC does not formally lease the oval from Council. However, as a primary users of the facility, we have a goodwill arrangement in place, whereby the club undertakes some ground maintenance and management.

Issues or queries about oval amenities should be directed to:
Sutherland Shire Council
Phone 9710 0333



GyMEA Bay Oval playing surface

The playing surface condition at GyMEA Bay Oval is an ongoing issue for GUFc and members. The size of our club means considerable strain is placed on the playing surface each season. A number of strategies have been put in place to improve the surface:

- Sutherland Shire Council has a returfing program in place for the Oval
- GUFc has installed new water tanks at the oval
- Several GUFc teams are allocated satellite training grounds to reduce the strain on the Oval.

GyMEA Bay Oval facilities

The GUFc ground control office, canteen and bar operate during the season at GyMEA Bay Oval.

All canteen and bar profits go directly back into developing GUFc.

GUFc canteen

Open: Saturday and Sunday during the season
Wendy Smithers, GUFc canteen supervisor
Phone: 0402 301 241

GUFc Boomerang Bar

Open: Sunday 12noon-6pm during the season
Harry Johnston, Bar Manager
Phone: 0414 902 949

GUFc ground control office

Office phone: 9525 1516
Open: Saturday and Sunday during the season
Jim Keane, Ground controller
Phone: 0425 334 574



Football programs at GUFC

Small-Sided Football (u6 to u11)

Small-Sided Football (SSF) is football for kids, played on smaller fields, with less players on a team and in an environment where the emphasis is on enjoyment rather than winning. It maximises participation for all players, leading to more touches on the ball, repeated decision making, more goals and importantly less perceived pressure on young players.

The SSF format is steadily being adopted by associations and clubs right across Australia, providing the opportunity for children to become better footballers and enjoy their football experience much more.

Following the successful introduction of SSF in 2008 for the u6-u9 age groups, the Sutherland Shire Football Association (SSFA) has expanded SSF to include the u11 age group in 2010.

You can learn more about SSF at www.footballaustralia.com.au.

The Sutherland Shire Football Association's SSF rules and format guide will be available early in the season at www.shirefootball.com.au

GUFC Junior Football Academy

To assist build the skills and confidence of our junior players, GUFC offers the GUFC Junior Football Academy. The Academy offers an intensive skill based program under the guidance of expert coaches.

Age: u7-u12 (girls and boys)

Location: GyMEA Bay Oval

Dates: Monday nights for 12 session weeks starting March 14 (see full timetable on www.gufc.com.au)

Time:

U7-u9: 4.00-5.15pm

u10-u12: 5.15-6.30pm

Cost: \$220

Bookings

Go to www.gufc.com.au for more information and a booking form.

Goal keeper training

GUFC offers club goalkeepers intensive training sessions, under the guidance of a specialised coach Ron Tilsed. Dates for the 2011 goalkeepers programs are on the calendar (see page 3).



Volunteers at GUFC

Like most sports clubs, GUFC is run entirely by volunteers – people just like you, who commit to helping run their local sporting club.

Our terrific volunteers look after every part of our club - they coach, manage teams, work in the canteen, help with ground set up and work on the committee.

Volunteer support means registration fees are kept as low as possible

To run a club the size of GUFC, plenty of help is needed! There are lots of ways you can get involved:

Ground control and canteen helpers

The one way just about everyone at GUFC lends a hand during the season is via ground control and canteen duty. It is arranged on a roster system, with all teams taking a turn throughout the season. The duty involves:

- Ground preparation, set-up and clean-up
- Help running the canteen
- General ground duty managing crowd behaviour.

Full details on ground control and canteen duties, along with the weekly roster, are on our website www.gufc.com.au.

**Please get involved when your team is rostered on for ground control and canteen.
Don't leave it up to someone else!**

Coaches

Coaches are integral to the football experience at GUFC and we're very appreciative of existing and new coaches. All GUFC teams require a coach. For u6 and u7 teams, coaches are known as *team leaders* and, due to the nature of Small-Sided Games (non-competitive), have a less formal coaching role.

Coaches don't have to be experienced or qualified to get involved. Skills and experience vary according to age group/grade, but generally we ask all GUFC coaches have a passion for football, a good understanding of the game, good people skills and a high level commitment to fair play and good sportsmanship.

Coaching support

Coaches at GUFC are supported by:

- Pre season meeting on March 7, 2011
- Regular emails from the GUFC Head Coach, Gary Wall
- GUFC coaching panel – a group of skilled club coaches who consult to individual age groups



- Free training courses and coaching sessions – see the calendar on page 3 and www.gufc.com.au for details

The code of conduct and duties for coaches are set out on our website www.gufc.com.au

If you're interested in coaching a team contact:
Gary Wall, GUFC Head Coach
headcoach@gufc.com.au

Managers

All GUFC teams require a manager to coordinated team operations. Managers are volunteers from within the club – most often a player or parent/relative of a player in the team. Managers must be:

- Over 21 years of age
- Good communicators
- Committed to staying in touch with club issues and news
- Committed to fair play and sportsmanship.

Manager support

Managers at GUFC are supported by:

- Pre season meeting on March 7, 2011
- Weekly email bulletin
- Team manager guide (provided at pre season meeting)

The code of conduct and duties for Managers are set out on our website www.gufc.com.au

If you're interested in managing a team contact:
Cherie Donoghue, GUFC secretary
secretary@gufc.com.au



Enjoyable and safe football for everyone

GUFC is committed to ensuring football is a safe, supported and positive experience for all members and their family and friends.

GUFC does not tolerate any form of harassment, abuse or discrimination of individuals.

To ensure football is enjoyable for everyone, the Sutherland Shire Football Association (SSFA) and GUFC have a number of strategies in place:

1. SSFA rules and disciplinary procedures

Appropriate and sportsmanlike behaviour is enforced under the rules and procedures of the SSFA:

- Codes of conduct (available at www.gufc.com.au)
- SSFA competition rules (available at www.shirefootball.com.au)
- SSFA disciplinary panel and committees, that review and action rule breaches

On game days, the referee enforces these rules with both players and spectators.

2. Game day ground management

On game days, there are a number of people in place to ensure off-field behaviour is appropriate:

- **Ground officials:** wear an orange vest and ensure crowd behaviour is acceptable and officials are not subjected to any abuse. All SSFA clubs provide at least one ground official per field while games are being played. You can approach a ground official if you have an issue with crowd behaviour.
- **Team managers:** have a responsibility to make sure their team (and team supporter) behaviour is appropriate at all times. All GUFC team managers must wear a yellow vest, so they are clearly visible to match officials.
- **Committee/official ground duty:** at each playing venue, a club official/committee person will always be present. At GyMEA Bay Oval, a GUFC committee person is at the ground every game day to help deal with any incidents.

3. Member and child protection programs

Member protection is a term used by the Australian sports industry to describe practices that protect an organisation's members. It involves protecting members from harassment, abuse, discrimination and other forms of inappropriate behaviour. Member protection also incorporates child protection – the commitment to ensuring the health, safety and welfare of child and young people at all times.

The SSFA Member Protection Policy, incorporating child protection policy, is available for download at www.shirefootball.com.au

GUFC Member/Child Protection Officer:
Michael Leitch
Phone 0438 325 248
Michael.leitch@baesystems.com



4. GUFUC complaints and discipline

While SSFA rules automatically deal with infringements reported by referees, at times you may have other concerns. If you have a sensitive or behaviour-based issue, here's what to do:

Step 1: Contact Mark Hildebrandt, Vice President, to report the issue.

Step 2: Depending on its nature it will be:

1. Passed on to an appropriate GUFUC committee person for discussion/resolution OR
2. Tabled at a GUFUC executive or management meeting (where appropriate only)

Step 3: If an issue goes to a meeting, it can then be referred to:

1. An appropriate GUFUC committee person for discussion/resolution OR
2. A GUFUC disciplinary panel for review/action (as detailed in our constitution) OR
3. The SSFA for review/action.

STAMP OUT UGLY SPORTING BEHAVIOUR

We all have a role to play!

Policies and rules aside, we can all help create enjoyable football through our own attitudes, actions and behaviour.

- ✓ Be a good sport – always encourage fair play
- ✓ Respect others – players, officials, coaches and spectators
- ✓ Keep your emotions in check
- ✓ Be a positive role model at all times
- ✓ Uphold our codes of conduct (available at www.gufc.com.au)
- ✓ Report inappropriate behaviour
- ✓ For those involved in junior football, help kids enjoy sport by emphasising fun